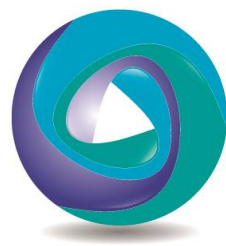


The Little Library Book of Nursing Revalidation



Francis Costello
LIBRARY
Evidence • Research • Learning

The Robert Jones and Agnes Hunt
Orthopaedic Hospital



NHS Foundation Trust

Welcome to the Little Library Book of Nursing Revalidation

In this Little Book there are suggestions for books, websites and other resources which offer information on Nursing Revalidation and tips on how to search for relevant evidence.

If you would like help using any of the resources listed, if you would like to know about other available Nursing Revalidation resources, or you need help with finding information for your work or studies, please contact Francis Costello Library.

The Library can be contacted by telephone, email, social media or by personal visit.

Location 9 in the Institute of Orthopaedics

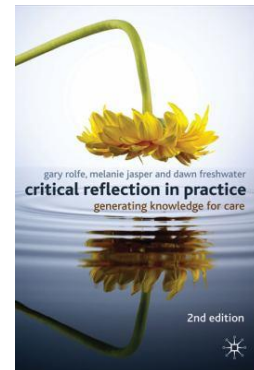
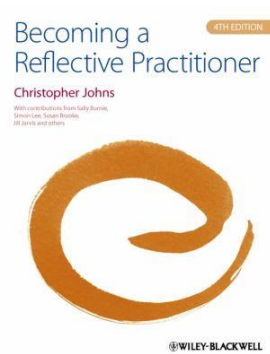
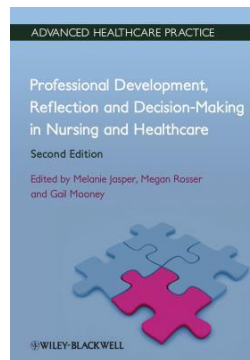
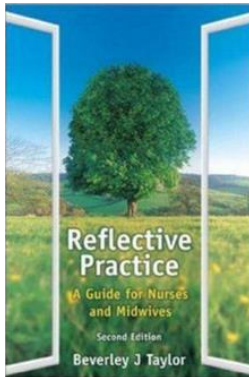
Telephone : 01691 404388

Email : library@rjah.nhs.uk

Twitter : **@CostelloLib**

More information can be found on the library website: www.rjah.nhs.uk/library

Books for Revalidation available from the Library



Here is a selection of revalidation-related titles held in our library.

Title	Author	Shelfmark
Communication skills in health and social care.	Moss, Bernard	BF 637.C45
Beginning reflective practice	Jasper, Melanie	WY 16 JAS
Becoming a reflective practitioner	Johns, Christopher	WY 16 JOH
Professional development, reflection and decision-making in nursing and health care	Jasper, Melanie	WY 16 JAS
Reflective practice in nursing	Howatson-Jones, Lioba	WY 16 HOW
Reflective practice in nursing	Bulman, Chris	WY 16 BUL
Developing reflective practice : a guide for students and practitioners of health and social care	Oelofsen, Natius	WY 16 OEL
Writing your nursing portfolio : a step-by-step guide	Timmins, Fiona	WY 16 TIM
Reflective practice for healthcare professionals: a practical guide	Taylor, Beverley Joan	WY 16 TAY
Critical reflection in practice : generating knowledge for care	Rolfe, Gary	WY 16 ROL

Check our online catalogue <https://wv-shelib.olib.oclc.org/webview/> for details of other titles.

How to find evidence to support revalidation

Why review the existing evidence?

- Find the latest knowledge & thinking on your question
- Identify if someone else has already asked the same question(s)
- How well did they conduct their research?
- Are their findings relevant or useful to you in answering your question?
- Is their research methodology appropriate for your question?
- Does the information help you to identify additional questions you should consider?

Where could you look for evidence?	What type of evidence could you search for?
<ul style="list-style-type: none">ColleaguesReference ListsShropshire NHS LibrariesCochrane LibraryPubMed / MedlinePsychInfoCinahlBNIAMEDTRIP DatabaseGoogle Scholar	<ul style="list-style-type: none">BackgroundCase studiesClinical trialsConference papersContinuing Professional DevelopmentDrug informationExpert opinionGuidelinesLongitudinal studiesQualitative or QuantitativeResearch papersReview papersSpecific country, setting or timeframeSupplier information

Find links to relevant and useful databases on the Francis Costello Library website:

www.rjah.nhs.uk/library/nurses

How to find evidence to support revalidation

How do you convert your question into a search?

Identify key concepts using search tools such as PICO:
Problem/Patient/Population, Intervention, Comparison, Outcome.
Identify all the keywords, phrases and terminology relevant for each concept.
Use subject headings such as MeSH.
Look at broader, narrower and related concepts.
Consider alternative spellings and truncated words.

How do you search?

Search more than one resource
Use a mix of keyword searches & formal subject headings
Use truncation and wildcards
Carryout separate searches for each of your key concepts first
Mix and match your search results
Limit your search results by year, language, age range etc.
Explode versus focus
Use citation searches to track who has quoted a particular paper
Save your search records & search history
Use email alerts and personalisation services to keep up-to-date on a topic
Use search filters or clinical enquiry filters
Ask a Librarian

Your Health Care Library is here to help

- Find e-learning modules on how to search databases on the Trust ESR system alongside you mandatory and statutory e-learning modules.
- We offer face to face training sessions in the library.
- We provide you with access to specialist databases, eJournals and eBooks from work or home using your NHS Athens Account.

See our webpage for details www.rjah.nhs.uk/library/training

Use tools such as CASP checklists, to evaluate the quality of the evidence you find:

CASP: Critical Appraisal Skills Programme www.casp-uk.net/#!checklists/cb36

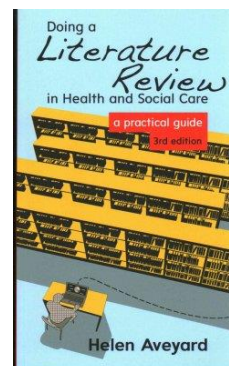
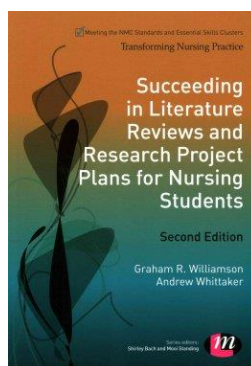
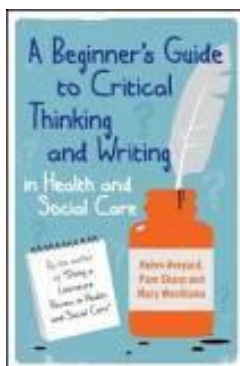
Centre for Evidence Based Rehabilitation

<http://srs-mcmaster.ca/research/evidence-based-practice-research-group/>

How to Read a Paper (BMJ series)

www.bmj.com/about-bmj/resources-readers/publications/how-read-paper

Books:



Title	Author	Shelfmark
A beginner's guide to critical thinking and writing in health and social care	Aveyard, Helen	W 18 AVE
Doing a literature review in health and social care: a practical guide	Aveyard, Helen	W 20.7 AVE
How to read a paper: the basics of evidence-based medicine	Greenhalgh, Trisha	W 20.6 GRE
Clinical evidence made easy	Harris, M.	W 20.6 HAR
Crash course: Evidence-based medicine: reading and writing medical papers	Kaura, Amit	W 20.6 KAU
Nursing research : methods and critical appraisal for evidence-based practice	LoBiondo-Wood, Geri	WY 20.5 LOB
	Williamson, Graham	WY 20.5 WIL

Journals to support revalidation

Many journals are available to you electronically via the Nice Evidence website: www.evidence.nhs.uk . Find an A-Z list to all journals you can access, make sure you login via Athens to get access to all the subscriptions and full-text articles to which you are entitled: <http://journals.nice.org.uk/>

Useful articles:

Title: How social media can help you revalidate.

Citation: Royal College of Nursing 2018

Available at:

<https://www.rcn.org.uk/professional-development/revalidation/how-social-media-can-help-you-revalidate>

Abstract: This website tells you how social media can help you revalidate learning and engagement online and how this count towards your CPD

Title: Using clinical audit to reflect and revalidate.

Citation: Nursing Times. 2016. Vol 112 (online issue 12): 9-11 **Author(s):** Rashid C

Abstract: This article talks about how a trust encouraged nurses to become involved in clinical audit and to reflect on their experience as part of their revalidation requirements.

Title: Improving nurses' level of reflection.

Citation: Nursing Standard. 2017. Vol 32 (1): 52-63 **Author(s):** Price Bob

Abstract: This article aims to assist nurses to understand how identifying the various levels of reflection can improve their practice. A case study example is used to demonstrate.

Title: How to succeed in NMC revalidation.

Citation: Occupational Health. 2017. Vol 69 (4): 17-19 **Author(s):** Kelsy Catherine

Abstract: The author offers advice to Occupational health nurses who have concerns about how to plan ahead and meet the requirements in practice for NMC revalidation.

Title: Reflection in practice. Part 7: Portfolios and reflection.

Citation: International Journal of Therapy & Rehabilitation. 2017. Vol 24 (5): 229-230 **Author(s):** Fowler John

Abstract: Interview panels and professional bodies are increasingly requesting portfolio evidence to substantiate our claims of competence or expertise, but how do we develop and keep our portfolios so that they are useful but do not become an additional burden on our already busy lives? This article discusses how to do this.

Title: Using mentorship activities to assist nurses and midwives with their revalidation requirements

Citation: Nursing Standard. 2017; 31 (20) 45-52 **Author(s):** Jolly SN, Hyatt SA.

Abstract: This article discusses how becoming a mentor and maintaining mentor status can provide registered nurses and midwives with evidence to assist.

Title: Succeed at the confirmer stage of revalidation.

Citation: Nursing Standard. 2016 Vol 31 (4) 24-25 **Author(s):** Dean Erin

Abstract: Being a confirmer is one way for nurses to learn from their peers. It is common for the revalidating nurse to want to go through the confirmation process with someone they know and feel comfortable with. There can be a

level of nervousness surrounding revalidation but, as practice nurse Sarah Alexander advises, the best way to avoid being anxious is to allow plenty of time for the process.

Title: Going through revalidation.

Citation: British Journal of Nursing, 2016 Vol 25 (10) S3 **Author(s):** Roe Helen

Abstract: As one of the first wave of nurses required to revalidate in 2016, the author, Helen Coe shares her experience of the process with a view to dismissing fears that nurses new to revalidation may have.

Title: Reflective writing: a user friendly guide.

Citation: British Journal of Nursing, 2016. Vol 25 (16) 936-937 **Author(s):** Hamilton Stephen

Abstract: In this article, Stephen Hamilton outlines the nature of the process of reflection to allay concerns that registered nurses may have about the process, as well as dispel any myths surrounding the purpose of reflection.

Title: Writing for publication: from staff nurse to nurse consultant Part 2: what to write about.

Citation: British Journal of Nursing 2015. Vol. 24 (18) 932-932 **Author(s):** Fowler J.

Abstract: This series in the professional development section of *BJN* is about writing for publication and is aimed specifically at the clinical nurse.

Title: NMC code advice on digital communications.

Citation: Nursing Times. 2015 (April) Vol. 111 (4): 22-23 (April 2015) **Author(s):** Moorley, Calvin

Abstract: This article discusses why nurses are using social media as a professional tool, the NMC code and how nurses can stay safe when using social media.

Title: Using reflection on reading for revalidation.

Citation: Nursing Times. 2015 (June) Vol. 111 (23/24): 14-16 **Author(s):** Collins, Guy

Abstract: This article discusses the benefits of reflection, the different models used to structure reflection and how to reflect on professional reading.

Title: Ensuring practice is based on the best evidence: Masterclass on literature searching.

Citation: British Journal of Midwifery. 2015 (May) Vol. 23 No. 5 356-358 **Author(s):** Power, Alison; Siddall, Gillian

Abstract: With the new requirement for written evidence of reflection, this article provides some useful hints and tips on where and how to search for relevant literature to meet the requirements of the NMC code and revalidation.

Title: Reflective writing: a user-friendly guide

Citation: British Journal of Nursing, 2016, Vol 25, No 16 **Author(s):** Hamilton, Stephen

Abstract: Nurse Education Consultant, Business Services Organisation. In this piece, the author, a nurse education consultant, outlines the nature of the process of reflection to allay concerns that registered nurses may have about the process, as well as dispel any myths surrounding the purpose of reflection

Title: Can the use of social media contribute towards Nursing and Midwifery Council revalidation?

Citation: Evidence Based Nursing, 2016, vol./is. 19/3(65-65), 13676539 **Author(s):** Clarke, Dave

Abstract: Using Social Media can be one way of keeping abreast of the latest information in your field.

Title: Going through revalidation.

Citation: British Journal of Nursing, 2016, vol./is. 25/10(0-), 09660461 **Author(s):** Roe, Helen

Abstract: The editorial board member and consultant cancer nurse discusses her experience going through the revalidation process with the British Nursing and Midwifery Council (NMC). The revalidation requirements which include continuing professional development (CPD), gathering evidence for the nursing practice evaluation by professionals and patients, and writing a reflection paper are also discussed.

Title: Nursing and midwifery revalidation.

Citation: Journal of Perioperative Practice, 2016, vol./is. 26/4(72-77), 17504589

Author(s): Cannon, F., McCutcheon, K.

Abstract: This article details the Nursing and Midwifery Council revalidation requirements essential for all registered nurses and midwives in the United Kingdom.

Title: Professional Issues. Embracing the Multigenerational Nursing Team.

Citation: MEDSURG Nursing, 2016, vol./is. 25/3(197-199), 10920811 **Author(s):** Phillips, Marilyn

Abstract: The importance of embracing the multigenerational nursing team is discussed, including the importance of appreciating the differences and expertise of every nurse

Title: Perioperative leadership: using personality indicators to enhance nurse leader communication.

Citation: AORN Journal, 2015, vol./is. 102/1(74-80), 00012092 **Author(s):** Plonien, Cynthia

Abstract: Understanding the different needs and expectations of others in receiving communication requires leaders to customize their approach to listening, as well as to speaking. The degree to which leaders can modify their communication will determine their ability to motivate teams to higher levels of performance.

Title: What makes a good clinical leader?

Citation: British Journal of Nursing, 2015, vol./is. 24/11(598-599), 09660461 **Author(s):** Fowler, John

Abstract: "Managers are necessary but leaders are essential." (Slim, 1957). Discourse around the need for good leaders as well as managers in clinical nursing practice and how to develop good leadership skills.

Don't forget: to find articles on a topic, you can also search Royal Marsden Manual, Cochrane Library, Medline, CINAHL, BNI, TRIP etc. with your Athens account. Contact the library for further information.

Useful websites to support revalidation

Apollo Nursing Resource www.apollonursingresource.com/

Behind the headlines <http://www.nhs.uk/News/Pages/NewsIndex.aspx>

Biomed Central www.biomedcentral.com

Chief Nursing Officer England Bulletin
<https://www.england.nhs.uk/email-bulletins/cno-bulletin/>

Clinical Trials Toolkit (NIHR) www.ct-toolkit.ac.uk/

Evidently Cochrane <http://www.evidentlycochrane.net/>

Health and Care Professions Council www.hpc-uk.org/

NHS Employers Revalidation Resources <http://tinyurl.com/j3kxvaz>

NICE evidence <https://www.evidence.nhs.uk/>

NMC Revalidation resource from the RCN
<https://www.rcn.org.uk/professional-development/revalidation>

Nursing & Midwifery Council www.nmc.org.uk/standards/revalidation

Office of National Statistics www.ons.gov.uk

Patient <https://patient.info/patientplus>

Royal College of Midwives www.rcm.org.uk/watch-our-revalidation-video

Royal College of Nursing <https://www.rcn.org.uk/professional-development/revalidation>

Royal College of Nursing Learning Zone
<https://www.rcn.org.uk/professional-development/learning-zone>

Skills for Health www.skillsforhealth.org.uk

Social Care Institute for Excellence e-learning programmes (including Dementia)
www.scie.org.uk/publications/elearning/index.asp

Social care online <http://www.scie-socialcareonline.org.uk/>

@WeCommunities www.wecomunities.org

@WeNurses on Twitter <https://twitter.com/> regular livechats on subjects related to nursing, including revalidation.

Youtube www.youtube.com : search for nursing revalidation or midwifery revalidation (may not be accessible on a Trust networked PC)

Key documents for nursing revalidation

NMC : The Code : Professional standards of practice and behaviour for nurses and midwives
<https://www.nmc.org.uk/globalassets/sitedocuments/nmc-publications/nmc-code.pdf>

NMC : Revalidation Workshop (completed templates and forms)
<https://www.nmc.org.uk/globalassets/sitedocuments/revalidation/completed-templates-and-forms-revalidation.pdf>

RCN : NMC Revalidation : next steps : an update from the RCN on NMC revalidation plus FAQs
https://my.rcn.org.uk/_data/assets/pdf_file/0008/647432/NMC-revalidation-next-steps-leaflet.pdf

Apps and E-Learning resources for revalidation

BBC Webwise www.bbc.co.uk/webwise

Cochrane Learning www.wileyhealthlearning.com/cochrane.aspx

Cochrane Journal Club www.cochranejournalclub.com/

Dignity in Care www.dignityincare.org.uk/Resources/Training_resources/

E-Learning for Healthcare www.e-lfh.org.uk

FutureLearn <https://www.futurelearn.com/>

Health Education England <https://hee.nhs.uk>

National Patient Safety Suite <https://nationalpatientsafetysuite.virtual-college.co.uk/>

NHS Choices Apps Library www.nhs.uk/tools/pages/toolslibrary.aspx

NICE Guidelines app www.nice.org.uk

Open University Open Learn www.open.edu/openlearn/